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Year 10 Mock 1 Exams January 2025 Information, Support and Guidance



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When do the assessments take place?

Timetable

Please note: Timetable is subject to change. Students and Parents/Carers will be notified as soon as possible of any changes

Day	Date	Time	Year	Subject	Duration	Location
Thursday	09/01/2025	09:00	10	English	1hr 45mins	SPH/LRC
Friday	10/01/2025	09:00	10	Maths	1hr/1hr 30mins	SPH/LRC
Monday	13/01/2025	09:00	10	Science	1hr	SPH/LRC
Tuesday	14/01/2025	09:00	10	Geography	1hr 30mins	SPH/LRC
Tuesday	14/01/2025	14:00	10	French Writing	45mins	SPH/LRC
Wednesday	15/01/2025	P3	10	P3 - 10XF1 & 10XF2 Listening	In Class	In Class
Thursday	16/01/2025	09:00	10	Food Written	1hr 45mins	SPH/LRC
Thursday	16/01/2025	P2	10	10X/FrB1 Listening	In Class	In Class
Friday	17/01/2025	09:00	10	Health and Fitness Written	1hr 45mins	SPH/LRC
Monday	20/01/2025	09:00	10	Drama	1hr	SPH/LRC
Wednesday	22/01/2025	ALL DAY	10	Drama & Music Practical's		
Thursday	23/01/2025	ALL DAY	10	Photo Practical		
Friday	24/01/2025	ALL DAY	10	DT (JPA) Practical		
Monday	27/01/2025	ALL DAY	10	DT (YAE) Practical		
Tuesday	28/01/2025	ALL DAY	10	Art Practical		

Please note, the History exam will be in February and the date will be confirmed with students and parents as soon as this has been arranged.

Where do the assessments take place?

The Mock exams will take place in the main exam hall and the following process will take place:

- Students will be taken to the main hall prior to the start of the exam
- Whilst in the main hall students will sit in the exam seating plan and then sent to the Sports hall or the access room
- Students will need to place their bag in the allocated area and only take into the exam hall the following items: Pen, Pencil, Ruler, Rubber, Pencil Sharpener. Specialist Equipment for exams will be provided by the school. Should a water bottle be taken into the exam hall, then this will need to be a clear bottle with no label or writing on it
- As soon as students enter the exam hall then they will be under exam conditions and should be silent. If they need any assistance, then they should raise their hand and an exam invigilator will come and speak with them
- Students will be dismissed at the end of the exam by a member of staff



What equipment will I need for my assessment?

For all exams the following rules must be followed: taken from [JCQ guidelines 2024](#)

- ✓ Be on time for all your exams. If you are late, your work might not be accepted
- ✓ Do not become involved in any unfair or dishonest practice during the exam
- ✓ If you try to cheat, or break the rules in any way, you could be disqualified from all your subjects
- ✓ You must not take into the exam room: (a) notes; (b) an iPod, a mobile phone, an MP3/4 player or similar device, or a watch. Any pencil cases taken into the exam room must be seen through. Remember: possession of unauthorised material is breaking the rules, even if you do not intend to use it, and you will be subject to penalty and possible disqualification.
- ✓ If you have a watch, the invigilator will ask you to hand it to them
- ✓ Do not use correcting pens, fluid or tape, erasable pens, highlighters or gel pens in your answers
- ✓ Do not talk to or try to communicate with or disturb other candidates once the exam has started
- ✓ You must not write or draw offensive or obscene material
- ✓ If you leave the exam room unaccompanied by an invigilator before the exam has finished, you will not be allowed to return
- ✓ Do not borrow anything from another candidate during the exam

The following equipment should be brought to every exam:

- ✓ 3 pens – black
- ✓ 3 pencils
- ✓ Ruler
- ✓ Pencil sharpener
- ✓ Rubber

For certain exams you will also need the following:

- ✓ Compass
- ✓ Protractor
- ✓ Calculator
- ✓ Coloured Pencils
- ✓ Highlighters for use on question papers but not in answers

What if I need help with buying equipment?

If you need help or support buying your child equipment, please contact your child's head of year and we can support with equipment where necessary.

Setting Changes

Students are assessed summatively (formal exams) twice a year (January and June) and the results of these assessments **might** be used to move students up or down in sets. Students should only move sets twice per academic year. This would be following mid-year assessments and then following the



end of year assessments. Students wishing to move up a set should take this opportunity to work hard and perform to the best of their ability to ensure they maintain their current set or move up to a higher set.

How will I be informed of any set changes?

Prior to any set changes, parents would receive a phone call from either a member of the senior leadership team, subject leader or their director of year. This may also be accompanied by a letter to inform you of any set changes. All changes will be made in discussion with parents, and we hope that students will feel supported in any changes made to their sets.

Revision Guidance

The Basics:

- Limit distractions
- Create and use a revision plan
- Find a nice quiet space to revise in
- Set an alarm and start early!
- Revise. Repeat. Remember
- Make sure you eat, sleep and take time out
- Stay positive

How can I revise effectively?

Three common revision techniques that are least effective in helping you revise are:

- ✓ Highlighting texts
- ✓ Re-reading
- ✓ Summarising text

These methods may make you *feel like* you are revising, but there are better ways to help you revise...

Flashcards

Create these with questions on one side and the answers on the other. You can colour code them for different topics and quiz yourself or others. You can also create flashcards on-line or on your phone using Quizlet.



Retrieval Practice

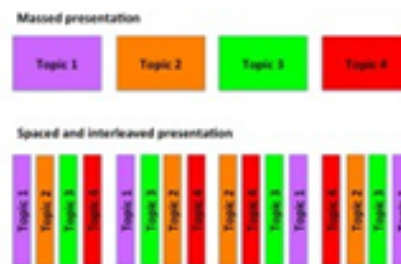
Testing yourself for what you know is a really powerful tool in revision. The effort to remember something really strengthens your memory. Use your Knowledge Organisers to Self-Quiz and subject revision guides to help you.

Types: Multiple choice; True or false; odd one out; explanation questions.



Interleaving & Spacing

Avoid trying to revise all your topics in one go (cramming). Instead, revise chunks of a topic for small amounts of time (15 mins) and then move onto another chunk. This will improve your memory.



Dual Coding

This is putting your knowledge into visual form alongside words. It increases your chances of remembering it.

Deliberate Practice

Set aside time to practice improving your knowledge. Choose what you need to do. It should be difficult enough to challenge you, and practice, practice, practice! Try to focus on something you are almost able to do but just not yet!



Further support

I have a question/concern/require further information about my child's assessments. Who is the best person to contact?

If you have a question or require help that is subject specific related to topic content or issues with accessing revision materials, please contact your child's class teacher directly or subject leader. This is often the quickest way to receive specific support and guidance on how to help your child to prepare. If you have questions or require support related to your child's wellbeing during assessments please contact your child's tutor, Head of Year or Director of Year Mr Hafernik.

We have included a list of useful contacts below:

Title	Name	Email address
English Key Stage 4 Lead	Mrs T Newby	newbyt@seahavenacademy.org.uk
Maths Key Stage 4 Lead	Ms N Stokes	stokesn@seahavenacademy.org.uk
Science Key Stage 4 Lead	Mrs C Kelly	kellyc@seahavenacademy.org.uk
Head of Year 10	Mrs H Sheppard	sheppardh@seahavenacademy.org.uk
Director of Key Stage 4	Mr M Hafernik	hafernikm@seahavenacademy.org.uk
Vice Principal	Ms M O'Brien	obrienm@seahavenacademy.org.uk



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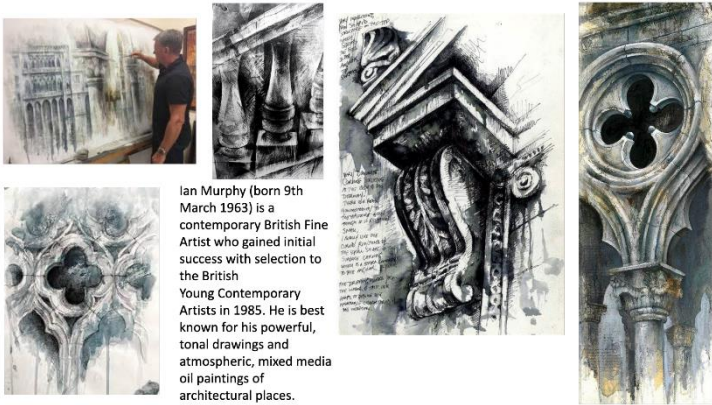
Attendance Matters

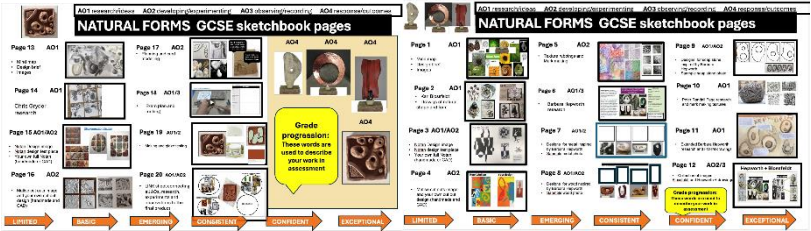


GCSE results:

Our most recent GCSE results highlighted that student that had their attendance above 96% achieved significantly better GCSE results when compared to students below 96%



Course	EDEXCEL Art & Design Fine Art
Exam Length	Mock: 5 Hour (1 DAY) MOCK exam w/c 20 th January 2025 REAL GCSE: 10hours (2Days) April 2026
Examination and content:	Mock Exam Theme: Structures - Work based on Ian Murphy
Resources to help you revise: <i>The practical exam is COMPONENT 2</i> <i>The exam component on the theme is yet to be published but is worth 40% of your final GCSE grade.</i> <i>Coursework from year 10 and year 11 make up the other 60%</i> <i>Evidence for both components needs to meet the four assessment objectives AO1, AO2, AO3 and AO4.</i>	<p>January Mock exam preparation work – Ian Murphy</p> <ul style="list-style-type: none"> • Pencil drawing of Ian Murphy detail • Collage background with Ian Murphy copy • A2 black card presented neatly • Ian Murphy title in bold • Written info on Ian Murphy • Own opinions of his work • Own photographs of local buildings • Thumbnail sketches for final idea • Evaluation using help sheet <div>  <p>Ian Murphy (born 9th March 1963) is a contemporary British Fine Artist who gained initial success with selection to the British Young Contemporary Artists in 1985. He is best known for his powerful, tonal drawings and atmospheric, mixed media oil paintings of architectural places.</p> </div> <p>Use the links below the checklist for the Seahaven ART GCSE support booklet, Knowledge Organisers and other resources online that can help you.</p> <p> BBC Bitesize Art + Design The Arty Teacher United learning Continuity Oak sessions GCSE ART Knowledge Organisers </p>

Course	EDEXCEL Art & Design Three-Dimensional Design (3D Design)
Exam Length	Mock: 5 Hour (1 DAY) MOCK exam w/c 20 th January 2025 REAL GCSE: 10 hours (2 Days) April 2026
Examination and content:	Mock Exam Theme: Clay Tile based on Natural Forms
Resources to support you: <i>The practical exam is COMPONENT 1 coursework</i> <i>The coursework component is worth 60% of your GCSE</i> <i>Coursework includes everything from year 10 and year 11 and you will not be working on this in class after DECEMBER 2024 as your exam theme will start in JANUARY 2025</i> <i>Evidence needs to meet the four assessment objectives AO1, AO2, AO3 and AO4.</i>	January Mock exam preparation work – Natural Forms tile <ul style="list-style-type: none"> • Research on Chris Gryder - tile designer • Sketches of design ideas x 4 • Collage of natural forms tile designs x 4 • Digital design ideas x 4 • Trial clay work • Cardboard layered model of design x 2 • Pencil drawing of final tile design • Evaluation using help sheet <p>Sketchbook example pages/pacing plan to be used to support evidence and order of work expected for the whole project. These are found on SMHW + TEAMS and in your sketchbooks + in the classroom</p>  <p>Use the links below the checklist for the Seahaven 3D Design GCSE support booklet, Knowledge Organisers and other resources online that can help you.</p> <p>TEAMs assignments</p> <p>3D Design Knowledge Organisers</p> <p>3D Design GCSE Support Handbook</p> <p>BBC Bitesize Art + Design</p> <p>The Arty Teacher</p> <p>United Learning Continuity Oak sessions</p>

Course	AQA GCSE Drama
Exam Length	Mock Practical- Devised Drama- Component 2 – in groups - 5 hour Written Mock-Paper 1- Unit 1 1 hour 45 minutes
Examination and content:	<p>Component 1</p> <p>Understanding Drama</p> <p>Section A Theatre Roles and Terminology: Multiple choice x 4 questions 4 marks total</p> <p>Section B Study of set play: Blood Brothers Reading an extract and answering 4-part question 34 marks total</p> <p>Section C Live Theatre Production Describe how two actors effectively use vocal and physical skills in performance. 32 marks total 80 marks for complete paper 120 marks are already completed Non-Exam Assessment</p>
Resources to help you revise:	<p>Preparing for the written exam - How to answer set text exam questions - AQA - GCSE Drama Revision - AQA - BBC Bitesize</p> <p>Director and performers - Theatre roles - AQA - GCSE Drama Revision - AQA - BBC Bitesize</p> <p>Social, cultural and historical context - Characteristics of a dramatic work - AQA - GCSE Drama Revision - AQA - BBC Bitesize</p> <p>Staging - Staging - AQA - GCSE Drama Revision - AQA - BBC Bitesize</p> <p>Stage positioning - Stage positioning - AQA - GCSE Drama Revision - AQA - BBC Bitesize</p> <p>How performers use their body - Physical skills for interpreting a character - AQA - GCSE Drama Revision - AQA - BBC Bitesize</p> <p>How performers use their voice - Vocal interpretation of a character - AQA - GCSE Drama Revision - AQA - BBC Bitesize</p>

Course & Exam Length	AQA English Language Paper 1: 1hr 45mins in January
Examination and content:	Language Paper 1: Reading (40 marks) (25%) – one text <ul style="list-style-type: none">• 1 short form question (1 x 4 marks)• 2 longer form questions (2 x 8 marks)• 1 extended question (1 x 20 marks) Writing (40 marks) (25%) 1 extended writing question (24 marks for content, 16 marks for technical accuracy)

Resources to help you revise:

School Revision Folder: [Year 11 Revision Resources](#)

English Language:

Online Revision Sites:

Mr Bruff https://www.youtube.com/user/mrbruff	Physics and Maths Tutor https://www.physicsandmathstutor.com/english-revision/gcse-aqa/
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Course	Eduqas Food Preparation and Nutrition
Exam Length	Written Mock Exam: 1 hour 45 minutes Practical Mock Exam: 4 hours
Examination and content:	Component 1: Principles of Food Preparation & Nutrition Written examination: 1 hour 45 minutes
Resources to help you revise:	<p>Written exam will be made up of questions that use pictures as a starting point for answers, multiple choice, short answer and longer written answers</p> <p>Practical assessment will be prepared for in lessons but will require evaluation also on the exam day.</p> <p>Revision topics to include</p> <ul style="list-style-type: none"> • Carbohydrates • Sugars • Proteins • Fibre • Cereals • Pastry • Coagulation • Gelatinisation • Special Diets • Factors affecting food choices <p> SENECA REVISION BBC Bitesize FOOD GCSE FP&N Exam Preparation Pacing Plan GCSE Food Knowledge Organisers </p>



Course	Edexcel GCSE French
Examination and content:	<p>Listening & Reading 45mins</p> <p>Writing 45mins</p> <p>For the Year 10 Mid-Year Exams there will be no separate Foundation or Higher papers – all questions have been put together and cover the full range of grades.</p>
	<p>Listening & Reading For the Year 10 Mid-Year Exam these two papers are combined into one 45minute paper.</p> <p>Listening section:</p> <ul style="list-style-type: none"> • Use the reading time at the start to carefully read though the paper. <ul style="list-style-type: none"> - For each question check the instructions e.g. is it multiple choice/select from a list/writing answers/a specific amount of detail required. - Note any useful vocab /translations. • Ensure that you answer every question – you will hear each recording three times. • Ensure that you answer the dictation in French (all other answers will be in English) <p>Reading section</p> <ul style="list-style-type: none"> • Use a couple of minutes to carefully read though the paper. <ul style="list-style-type: none"> - For each question check the instructions e.g. is it multiple choice/select from a list/writing answers/a specific amount of detail required. - Note any useful vocab /translations. • Ensure that you answer every question – you can answer the reading section in any order <p>Writing 45 minutes</p> <ul style="list-style-type: none"> • Question 1 – photo Write 4 'il y a + noun' sentences about the photo – remember to keep it simple. If you choose to use a different style of sentence, make sure there is a verb. • Question 2 – translation Read the translation carefully – this is marked overall so have a go at it all. • Question 3 – 90-130 words – you have a choice of two - ensure you include all bullet points, a variety of opinions and



	<p>three tenses.</p> <p>This is also your opportunity to use sophisticated language/super structures where they are relevant.</p> <p>Remember QuACNOTs – Qualifiers, Adjectives, Connectives, Negatives, Opinions & Time expressions and sequencers.</p>
<p>Resources to help you revise:</p>	<p>1. Language Nut* www.languagenut.com</p> <p>2. Exampro*</p> <p>*Please see Satchel One for the weekly Language Nut and/or Exampro links</p> <p>There will be an additional assignment on www.languagenut.com which will cover work completed in Unit 1 and Unit 2 along with some revision of the basics and grammar tasks. This will be for you to dip in and out of and will remain open until the end of the Mid-Year Exam period.</p>



Course	AQA GCSE Geography
Exam Length	Paper 1 -1 hr 30 mins Paper 2/3 1 Hour 30 mins Equipment reminder: Always have a pencil, ruler, and calculator alongside your normal equipment in your geography exam.
Examination and content:	<p>Paper 1 Challenge of natural hazards</p> <ul style="list-style-type: none"> • Tectonic Hazards • Tropical Storms • Extreme weather in the UK • Climate Change <p>Living World</p> <ul style="list-style-type: none"> • Ecosystems/Biomes • Global atmospheric circulation model • Rainforests • Deserts <p>Physical landscapes in the UK</p> <ul style="list-style-type: none"> • Coasts • Rivers <p>Paper 3 Geographical Skills – example 6 fig grid references</p>
Resources to help you revise:	<p>Recommended Revision Guide: CGP GCSE AQA Geography (9-1) NEW Revision Guide: Amazon Link</p> <p>Past Papers: AQA Link</p> <p>Resources to help revision:</p> <ul style="list-style-type: none"> • AQA Geography Seneca Course: Free Homework & Revision for A Level, GCSE, KS3 & KS2 (senecalearning.com) • Recommended Revision Guide: CGP GCSE AQA Geography (9-1) NEW Revision Guide: Amazon Link • Past Papers: AQA Link • United Learning Curriculum platform: <p>Paper 1: Knowledge Organiser (Year 10)</p> <p>Please note that not all modules are being tested in the PPE, as we still have some of the course content left to cover. When completing past papers please be mindful of this so you are only completing sections which are in the PPE.</p> <p>Please see below for the PPE content. Topics, case studies and examples</p> <p>Paper 1: Natural Hazards (CFP 1-11)</p> <ul style="list-style-type: none"> • Tectonic Hazards • Plate boundaries • Case study Haiti and New Zealand

- Effects and Responses
- Tropical Storms (**CGP 12-27**)
- Case study Typhoon Haiyan
- Extreme weather in the UK

Climate Change (CGP 28-36)

- Evidence
- Global effects
- Mitigation
- Adaptation

Living World

- Local Ecosystems
- Food webs
- Food chains
- Ecosystems and Biomes
- Tropical Rainforest
- Hot Deserts

Paper 3: Geographical Skills – example 6 fig grid references

All KS4 Geography lessons can be found on the curriculum website:

[Curriculum - Curriculum \(unitedlearning.org.uk\)](http://Curriculum - Curriculum (unitedlearning.org.uk))

Skills: There will also be a range of skills questions on the paper. The skills could be based on:

- Map skills – Grid references, scale, relief, describing maps, identifying features on maps.
- Graphs – Describing, constructing and analyzing graphs.
- Numerical skills – correlation, frequency, ratio, magnitude, area
- Statistical skills – mean, mode, median, range, % increase/decrease.

Additional Video Links for Revision Support:

Paper 1:

Natural Hazards

What is a natural hazard -

<https://www.bing.com/videos/riverview/relatedvideo?&q=natyr+al+hazards&adlt=strict&mid=EBC6CF679092257EF374EBC6CF679092257EF374&&FORM=VRD GAR>

Tectonic Hazards

Mantle and convection currents https://www.youtube.com/watch?v=p0dWF_3PYh4 or [PLATE TECTONICS - Bing video](#)

Continental drift or [plate tectonics \(youtube.com\)](https://www.youtube.com/watch?v=p0dWF_3PYh4)

Plate boundaries - [Bing Videos](#) or [Geography | KS3 | Explain This... | Plate Tectonics | BBC Teach \(youtube.com\)](#) or [Plate Tectonics Theory Lesson \(youtube.com\)](#)

Earthquakes – causes and effects [Bing Videos](#) or [Bing Videos](#)

Haiti - [Bing Videos](#) or [Bing Videos](#) or [Bing Videos](#)

New Zealand - [Christchurch Earthquake Feb 2011 - Hamish Clark TV3 New Zealand \(youtube.com\)](#)

Comparing Earthquakes (Haiti vs Japan but useful) - [Bing Videos](#)

MPP Earthquakes - <https://www.youtube.com/watch?v=1ciJrYWdeO4>

Reducing Hazards - [Bing Videos](#) or <https://tse1.mm.bing.net/th?id=OVP.nl1Df-JcSdgAU1CFTolgdwEsDh&w=320&h=180&c=7&pid=1.7&rs=1>

Living with tectonic hazards - [JDW SkyPartnership landscape - updated version \(youtube.com\)](#)

Tropical Storms

Global atmospheric circulation model - [Atmospheric Circulation \(youtube.com\)](#)

Hurricanes/Tropical Storms - [Curse of the Golden Paw | Compare the Market \(youtube.com\)](#) and [What are hurricanes, typhoons and tropical cyclones? \(youtube.com\)](#) or [Bing Videos](#)

Coriolis effect - [Hurricanes 101 | National Geographic \(youtube.com\)](#)

Formation of a tropical storm - [Bing Videos](#) or [Bing Videos](#)

Typhoon Haiyan - [Bing Videos](#) or [Bing Videos](#)

Reducing effects of tropical storms - [Bing Videos](#) and [Bing Videos](#) or [Extreme weather 2018 - more in 10 years than in decades \(UK\) - BBC News - 2nd November 2018 \(youtube.com\)](#)

Extreme Weather in the UK

Extreme weather in the UK - [Bing Videos](#) or [Bing Videos](#)

Is our weather more extreme - [Extreme weather 2018 - Taking its toll \(UK\) - ITV News - 26th July 2018 \(youtube.com\)](#)

Understanding extreme weather met office - [Exploring extreme weather - lesson plan - Met Office](#)

Understanding weather warnings - [Second red warning 18/02/22 \(youtube.com\)](#)

What Somerset is like - [The Somerset Levels & Moors \(youtube.com\)](#)

Effects of Flooding Somerset levels - [Somerset Levels still suffering under the floods \(youtube.com\)](#)

Somerset levels case study - [Bing Videos](#)

Managing Somerset levels floods - [16x9 BG USGROWTHTRUST 20sec VO Subs \(youtube.com\)](#)

Storm Eunice - [Storm Eunice: 122mph record winds batter UK - YouTube](#)

Climate Change

Evidence of climate change -

<https://www.bing.com/videos/riverview/relatedvideo?q=evidence+of+climate+change+geography&adlt=strict&view=riverview&mmscn=mtsc&mid=08A6DB46F864D42DA33A08A6DB46F864D42DA33A&aps=0&FORM=VMSOVR> or

<https://www.bing.com/videos/riverview/relatedvideo?&q=evidence+of+climate+change+geography&adlt=strict&mid=7662FBB2F2212DF2D4537662FBB2F2212DF2D453&&FORM=VRDGAR>

Ice core samples - <https://www.youtube.com/watch?v=VjTsj-fi-p0>

Tree Rings - <https://www.bbc.co.uk/news/uk-wales-49742598.amp> and

<https://www.youtube.com/watch?v=xmZO7aRgcW4>

Physical causes of climate change

Orbital change -

<https://www.bing.com/videos/search?q=Milankovitch+Cycles+Simple&adlt=strict&view=detail&mid=A1A7E1E06609EEABA85EA1A7E1E06609EEABA85E&&FORM=VRDGAR&ru=%2Fvideos%2Fsearch%3Fq%3DMilankovitch%2BCycles%2BSimple%26FORM%3DVRIBQP>

Sunspots – front fairs -

<https://www.bing.com/videos/riverview/relatedvideo?&q=frost+fairs+london&adlt=strict&mid=405A4F207EE942275AB6405A4F207EE942275AB6&&FORM=VRDGAR>

Volcanoes – Mount Tambora -

<https://www.bing.com/videos/riverview/relatedvideo?&q=frost+fairs+london&adlt=strict&mid=405A4F207EE942275AB6405A4F207EE942275AB6&&FORM=VRDGAR>

Human causes of climate change -

<https://www.bing.com/videos/riverview/relatedvideo?&q=human+causes+of+climate+change+time+for+geography&adlt=strict&mid=B5985114C38FA62E90F7B5985114C38FA62E90F7&&FORM=VRDGAR>

Enhances green house effect - <https://www.youtube.com/watch?v=SN5-DnOHQmE>

International agreements - <https://www.youtube.com/watch?v=5rFmYRXWVio>

Carbon capture - <https://www.youtube.com/watch?v=aHtbDmzjYgg>



Renewable energy -

<https://www.bing.com/videos/riverview/relatedvideo?&q=renewable+energy+geography&adlt=strict&mid=464589A86EBE20B743F2464589A86EBE20B743F2&&FORM=VRDGAR>

Fossil fuels and renewable energy - <https://www.bbc.co.uk/bitesize/articles/zntxgwx>

Adapting to climate change - <https://www.youtube.com/watch?v=BGKZqm7VwOs> and <https://www.youtube.com/watch?v=AkMnSgjkRq4>

Coral Bleaching - <https://www.youtube.com/watch?v=mQ10xBI8XMQ>

Effects of climate change - <https://www.youtube.com/watch?v=S7jpMG5DS4>

Climate change and the Maldives - <https://abcnews.go.com/International/facing-dire-sea-level-rise-threat-maldives-turns/story?id=80929487> and

<https://www.bing.com/videos/search?q=maldives+at+risk+of+climate+change&FORM=HDRSC6> and <https://www.youtube.com/watch?v=SCs-4c6Kd0>

Climate change UK positives - <https://www.youtube.com/watch?v=gnbsHbYjLGk>

Climate change UK negatives - <https://www.youtube.com/watch?v=B8L4BoDNJMc>

Living World

Ecosystems - <https://www.youtube.com/watch?v=KkMilRb-Kz4>

Biomes - <https://www.youtube.com/watch?v=JPHqUxxyLsY>

Changes in ecosystem reintroducing wolves - <https://www.youtube.com/watch?v=lloe8y8rwJQ>

Global atmospheric circulation model - <https://www.youtube.com/watch?v=WXuGYSM2D8k>

Distribution of biomes - <https://www.youtube.com/watch?v=hly0ZlyPPDg>

Biomes Song -

<https://www.bing.com/videos/riverview/relatedvideo?q=biomes+song&mid=942131A2450660A95DFC942131A2450660A95DFC&FORM=VIRE>

Tropical Rainforests

Introduction tropical rainforests -

<https://www.bing.com/videos/riverview/relatedvideo?q=time+for+geography+tropical+rainforests&adlt=strict&view=riverview&mmscn=mtsc&mid=DEBDE9BA57D8E7A6097FDEBDE9BA57D8E7A6097F&&aps=0&FORM=VMSOVR>

Characteristics of tropical rainforests -

<https://www.bing.com/videos/riverview/relatedvideo?q=time+for+geography+tropical+rainforests&adlt=strict&view=riverview&mmscn=mtsc&mid=67DF4C254D41A887CD6E67DF4C254D41A887CD6E&&aps=0&FORM=VMSOVR>

Adaptations in tropical rainforests -

<https://www.bing.com/videos/riverview/relatedvideo?q=time+for+geography+tropical+rainforests&adlt=strict&view=riverview&mmscn=mtsc&mid=9EAB2C87015AFAB945A99EAB2C87015AFAB945A9&&aps=0&FORM=VMSOVR>

Causes of deforestation -

<https://www.bing.com/videos/riverview/relatedvideo?&q=time+for+geography+tropical+rainforests&adlt=strict&mid=824784DFC76438FBB371824784DFC76438FBB371&&FORM=VRDGAR>

Impacts of deforestation - https://www.youtube.com/watch?v=k1Mk_fkpK84

Managing tropical rainforests - <https://tse1.mm.bing.net/th?id=OVP.12i4dOkpnDR-pPrAcR75gAHgFo&w=272&h=153&c=7&rs=1&qlt=90&o=5&pid=1.7>

Sustainable logging - <https://www.youtube.com/watch?v=XMLEWOuQVbE>

Ecotourism - <https://www.youtube.com/watch?v=Fhx0QBnBtC8>

Hot Deserts

Introduction into hot deserts -

<https://www.bing.com/videos/riverview/relatedvideo?q=time+for+geography+hot+deserts&adlt=strict&view=riverview&mmscn=mtsc&mid=A6E61008C0A091A1A185A6E61008C0A091A1A185&&aps=0&FORM=VMSOVR> and

<https://www.bing.com/videos/riverview/relatedvideo?q=time+for+geography+hot+deserts&adlt=stri>



[ct&view=riverview&mmscn=mtsc&mid=C7B74BF9FE0138B9AFACC7B74BF9FE0138B9AFAC&&aps=0&FORM=VMSOVR](https://www.bing.com/videos/riverview/relatedvideo?q=time+for+geography+hot+deserts&adlt=strict&view=riverview&mmscn=mtsc&mid=C7B74BF9FE0138B9AFACC7B74BF9FE0138B9AFAC&&aps=0&FORM=VMSOVR)

Characteristics of hot deserts -

<https://www.bing.com/videos/riverview/relatedvideo?q=time+for+geography+hot+deserts&adlt=strict&view=riverview&mmscn=mtsc&mid=F4E6FF92A03291EAD277F4E6FF92A03291EAD277&&aps=0&FORM=VMSOVR>

Thar Desert -

<https://www.bing.com/videos/riverview/relatedvideo?&q=time+for+geography+hot+deserts&adlt=strict&mid=AEF8E8FCEE0FB71AEF03AEF8E8FCEE0FB71AEF03&&FORM=VRDGAR> and
<https://www.youtube.com/watch?v=vHJLOqU3Myc>

Challenge in hot deserts -

<https://www.bing.com/videos/riverview/relatedvideo?&q=time+for+geography+hot+deserts&adlt=strict&mid=4CE92220579573781E744CE92220579573781E74&&FORM=VRDGAR>

Hot deserts overall revision - [Video 2 - Cold Traffic - FEB 24 \(youtube.com\)](#)

Adaptations -

<https://www.bing.com/videos/riverview/relatedvideo?&q=time+for+geography+hot+deserts&adlt=strict&mid=F6A1530998682279EA83F6A1530998682279EA83&&FORM=VRDGAR>

Camel Song - [Bing Videos](#)

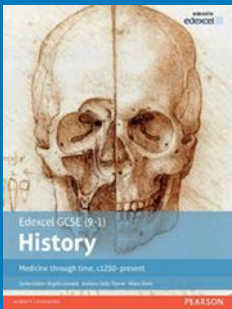
Causes of desertification -

<https://www.bing.com/videos/riverview/relatedvideo?&q=time+for+geography+hot+deserts&adlt=strict&mid=61DFBEFF092F23BBE71F61DFBEFF092F23BBE71F&&FORM=VRDGAR> and
<https://www.bing.com/videos/riverview/relatedvideo?&q=time+for+geography+hot+deserts&adlt=strict&mid=90882E104BE0EFD94C8E90882E104BE0EFD94C8E&&FORM=VRDGAR>

Reducing desertification -

<https://www.bing.com/videos/riverview/relatedvideo?&q=time+for+geography+hot+deserts&adlt=strict&mid=AE554A02B84F07C72A81AE554A02B84F07C72A81&&FORM=VRDGAR>



Course	History Pearson Edexcel
Examinations and Content:	Medicine Through Time 30% of GCSE Cold War 20% of GCSE Elizabethan England 20% of GCSE Weimer and Nazi Germany 30% of GCSE
Resources to help you revise:	For Exam board information, click here: https://qualifications.pearson.com/en/home.html
PAPERS	For specific revision on each paper. Please see below:
Medicine 1250-present 	<ul style="list-style-type: none"> • Department produced revision guides (in S28), self-marked using answers on teams. • Revision guides contain exam questions which teachers will mark and provide feedback. • Old booklets and related PowerPoints are available on teams – paper copies can be made on request. • Core Medicine Knowledge (Seneca): https://senecalearning.com/en-GB/ • Knowledge organizer quizzes (to self-mark) are also available in S28. • Online lessons can be found here: Curriculum - Continuityoak.org.uk • BBC Teach - Medicine in Britain, c.1250 to the present day - GCSE History - BBC Bitesize <p>Exam structure:</p> <ul style="list-style-type: none"> • Q1 – Describe two features of (WW1 medicine knowledge) (two questions with two marks each) • Q2a – How useful are the sources for a specific enquiry. (8 marks) Remember to use JCOP – Judgement, content, own knowledge, provenance. Do not compare sources. • Q2b – How would you follow up the source for a specific enquiry? Use class taught exam technique. (4 marks) • Q3 – Explain one way _____ were similar/different between (x2 time periods). Remember specific examples from both time periods and say why. (4 marks) • Q4 – Explain why.... Three paragraphs, detailed knowledge, precise analysis linking to the question. (12 marks) • Q5/6 – How far do you agree? Three paragraphs – for and against statement in the question. Choice of two questions. (16 marks + 4 SPAG). Plan with for and against table.



Course and Exam Length

Exam Board: EdExcel

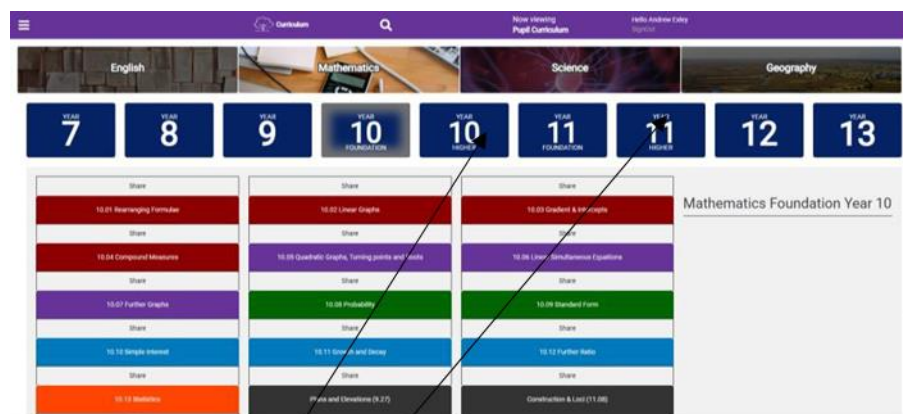
Paper 1: Non-Calculator – 1 hour 30 mins

Paper 2: Calculator – 1 hour 30 mins

Paper 3: Calculator – 1 hour 30 mins

Resources to help you revise:

United Learning Resources: <https://curriculum.unitedlearning.org.uk/>



Use the Year 10 and 11 lessons to help with revision. The link above takes you to the UL Pupil page shown.

Each topic then has multiple video lessons included as shown below.



Click on the title to open the list of lessons.

Links for further resources:

[Spark –](#)

Log in and use your account as normal.

Use the links below to see the clip numbers by topic.

Sparx GCSE revision foundation

Sparx GCSE Revision Crossover

Sparx GCSE Revision Higher



	<p>Corbettmaths Great selection of questions organised by topic. All have answers on the site.</p> <p>Khan Academy: Maths lessons and practice</p> <p>Pearson Revise Person revision online – access to revision guides and identification of “hot topics”</p> <p>Practice Papers Onmaths</p> <p>Maths genie (also has video solutions)</p> <p>Tik Tok – watch 20 minute videos</p> <p>@mathsoeasy_jennifer</p>
Intervention:	<p>After school: Monday Period 6, Tuesday and Thursday catch up.</p> <p>Tutor time: targeted exam technique</p> <p>Friday period 5 exam papers every other week.</p>

Remember the key to Maths revision is **practising questions**.

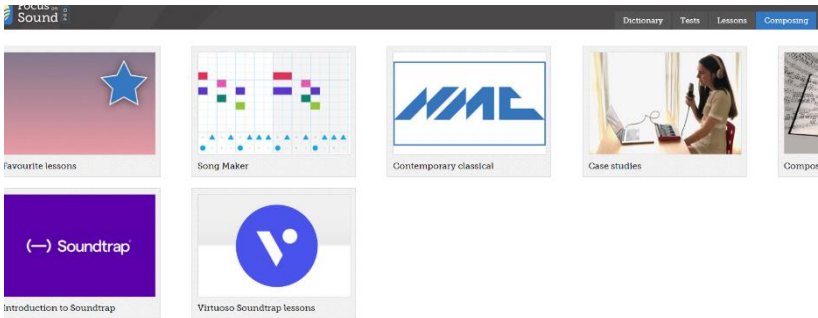


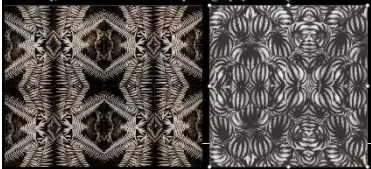
Revision Schedule FOUNDATION and HIGHER (red clips are for higher only)			
Department	Mathematics		
Focus	Method	Resource – SPARX	Time
F1 Solving equations and rearranging formulae	Watch modelling videos and complete practice questions	U755 U325 U870 U505 U556 U221 U373	30 minutes
F2 Linear Graphs	Watch modelling videos and complete practice questions	U789, U741, U933, U889, U638, U669, U315, U377, U477, U848, U862 U898	30 minutes
F3 Linear Simultaneous Equations	Watch modelling videos and complete practice questions	U760, U757, U836, U137	30 minutes
F4 Volume 2	Watch modelling videos and complete practice questions	U786, U174, U915, U484, U116, U617, U426, U350, U543	30 minutes
F5 Compound Measures	Watch modelling videos and complete practice questions	U914, U462, U896, U902, U388, U248, U468, U151, U256, U403, U910, U527	30 minutes



F6 Quadratics – graphical	Watch modelling videos and complete practice questions	U989, U667, U601, U178, U963	30 minutes
F7 Quadratics - Algebraic		U228 U178, U960, U589, U665, U150, U103, U437, U294, U685, U457 U824	30 minutes



Course	EDUQAS GCSE Music
Exam Length	Component 2 Composing 5 hours
Examination and content:	<p>Component 2 Composing</p> <p>Total duration of composition: Maximum 3 minutes</p> <p>Non-exam assessment: internally assessed, externally moderated 30% of qualification 72 marks. Students are composing a song based on Area of study 4: Popular Music.</p> <p>Your composition needs to be structured, have musical ideas that are developed and elements of music that are contrasted to create musical interest</p> <p>Students are to produce a written commentary on their composition</p>
Resources to help you revise:	<p>Detailed guidance for composition and performance units can be found in Class Notebook on TEAMS</p> <p>Focus on Sound Focus on Sound Focus on Sound</p> <p>Go to the composing tab and explore the case studies and sound trap videos for support and guidance</p>  <p>AOS4 Popular Music Knowledge Organiser ko4-popular-music_area-of-study-4.pdf (wjec.co.uk)</p> <p>Follow the key terms on this MAD TSHIRT document BBC Bitesize Composing MADTSHIRT.docx Click on the keywords that are in colour – these links will take you to the relevant links for further support and ideas</p>

Course	EDEXCEL Art & Design Photography												
Exam Length	Mock: 5 Hour (1 DAY) MOCK exam w/c 20 th January 2025 REAL GCSE: 10 hours (2Days) April 2026												
Examination and content:	Mock Exam Theme: Fragments – Repeat pattern and Tessellation final work												
Resources to help you revise:	<p>January Mock exam preparation work – Fragments</p> <ul style="list-style-type: none">• Artist research linked to FRAGMENTS theme• Own opinions of artist’ work• Own photographs taken• Contact sheet of own photographs• Selection of edited photographs• Experiments on Photoshop including, repeat pattern and tessellation ideas• Creation of personal response• Evaluation using help sheet <div><p>HORST repeat patterns</p><ul style="list-style-type: none">• Born in Germany• Studied design and carpentry at Bauhaus School• Before moving to Paris to have an apprenticeship with Le Corbusier• In 1930 he became vogue's primary photographer.• In 1930 serialism became a well-known way of Photography that horst experimented with.• Serialism is a form of photography that interpreters' issues in society, in the real world in the photography.</div> <div><table><tr><td>A01 Develop</td><td>Develop ideas through investigations, demonstrating critical understanding of sources.</td><td>ARTISTS</td></tr><tr><td>A02 Refine</td><td>Refine work by exploring ideas, selecting & experimenting with appropriate media, materials, techniques & processes.</td><td>EXPERIMENTS</td></tr><tr><td>A03 Record</td><td>Record ideas, observations & insights relevant to intentions as work progresses.</td><td>OBSERVATION</td></tr><tr><td>A04 Present</td><td>Present personal & meaningful responses that realise intentions & demonstrate understanding of visual language.</td><td>OUTCOMES</td></tr></table></div> <p>Use the links below the checklist for the Seahaven Photography GCSE support booklet, Knowledge Organisers and other resources online that can help you.</p> <p>BBC Bitesize Art + Design</p> <p>The Arty Teacher</p> <p>United learning Continuity Oak sessions</p> <p>Photography Portfolio Template and Pacing Plan</p> <p>KS4 Photography Knowledge Organisers</p>	A01 Develop	Develop ideas through investigations, demonstrating critical understanding of sources.	ARTISTS	A02 Refine	Refine work by exploring ideas, selecting & experimenting with appropriate media, materials, techniques & processes.	EXPERIMENTS	A03 Record	Record ideas, observations & insights relevant to intentions as work progresses.	OBSERVATION	A04 Present	Present personal & meaningful responses that realise intentions & demonstrate understanding of visual language.	OUTCOMES
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Course	NCFE VCERT Health and Fitness
Exam Length	<p>Component 1: Synoptic project 22 hours plus 2 hours preparation time. All completed in school. 88 marks (60% of final grade). This will be internally assessed and externally moderated.</p> <p>Component 2: Exam at the end of the course 80 marks. (40% of final grade)</p>
Examination and content:	<p>The exam will be a mixture of multiple choice, short answer and long answer questions and will be externally marked out of 80. (1 hour 30 mins)</p> <p>Content area 1: Structure and function of body systems 25</p> <p>Content area 2: Effects of health and fitness activities on the body 5</p> <p>Content area 3: Health and fitness and the components of fitness 10</p> <p>Content area 4: Principles of training 10</p> <p>Content area 5: Testing and developing components of fitness 25</p> <p>Content area 6: Impact of lifestyle on health and fitness 10</p> <p>Content area 7: Applying health and fitness analysis and setting goals 10</p> <p>Content area 8: Structure of a health and fitness programme and how to prepare safely</p>
Resources to help you revise:	<p>NCFE Level 1/2 Technical Award in Health and Fitness (1) NCFE Health and Fitness (ncfe.org.uk)</p> <p>GCSE Physical Education - BBC Bitesize</p> <p>Edexcel GCSE Physical Education (2016) Pearson qualifications</p>

Course and Exam Length	<p>Exam Board: AQA</p> <p>Biology Paper 1: 1hr 15mins for combined; 1hr 45mins for triple (higher or foundation)</p> <p>Chemistry Paper 1: 1hr 15mins for combined; 1hr 45mins for triple (higher or foundation)</p> <p>Physics Paper 1: 1hr 15mins for combined; 1hr 45mins for triple (higher or foundation)</p> <p>Biology Paper 2: 1hr 15mins for combined; 1hr 45mins for triple (higher or foundation)</p> <p>Chemistry Paper 2: 1hr 15mins for combined; 1hr 45mins for triple (higher or foundation)</p> <p>Physics Paper 2: 1hr 15mins for combined; 1hr 45mins for triple (higher or foundation)</p>
Examination and content:	<p>All lessons are available on the link here:</p> <p>Remember to change to Key Stage 4 as the default is KS3.</p> <p>https://curriculum.unitedlearning.org.uk/Curriculum https://continuityoak.org.uk/lessons</p> <p>Year 10 work</p> <p>Biology Paper 1 B1 – Cell biology</p> <p>Chemistry Paper 1 C1 – Atomic structure and the periodic table C2 – Structure and bonding</p> <p>Physics Paper 1 P1 – Energy</p>
Resources to help you revise:	<ul style="list-style-type: none"> • Exercise books and marked exam questions. • Revision guides • Seneca • Physics and Maths tutor Physics & Maths Tutor (physicsandmathstutor.com) • Practice Papers • BBC Bitesize • https://www.youtube.com/user/myGCSEscience • http://www.aqa.org.uk/subjects/science/gcse • https://www.youtube.com/playlist?list=PLijqQiSMHnP2aEdAajHRDsralGH9n3gHT <p>Cognito science video clips:</p>



Biology paper

[GCSE Biology - Cell Types and Cell Structure #2 \(youtube.com\)](#)

[GCSE Biology - What is Microscopy? #5 \(youtube.com\)](#)

[GCSE Biology - What Is The Difference Between Light And Electron Microscopes? #6 \(youtube.com\)](#)

[GCSE Biology - Differentiation and Specialised Cells #10 - YouTube](#)

[GCSE Biology - What are Stem Cells? Difference Between Embryonic and Adult Stem Cells #11 - YouTube](#)

[What is Diffusion? How Does it Work? What Factors Affect it? #7 - YouTube](#)

[GCSE Biology - Active Transport #9 - YouTube](#)

[GCSE Biology - Osmosis #8 - YouTube](#)

[Binary Fission - How Do Bacteria Divide? #12 - YouTube](#)

[GCSE Biology - Cell cycles, Chromosomes & Mitosis #69 - YouTube](#)

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Chemistry

[GCSE Chemistry - Atoms & Ions #1 - YouTube](#)

[GCSE Chemistry - Elements, Isotopes & Relative Atomic Mass #2 - YouTube](#)

[GCSE Chemistry - Differences Between Compounds, Molecules & Mixtures #3 - YouTube](#)

[GCSE Chemistry - Filtration, Evaporation & Crystallisation #6](#)

[GCSE Chemistry - Fractional Distillation and Simple Distillation #50](#)

[GCSE Chemistry - History of the Model of the Atom #7](#)

[GCSE Chemistry - Electron Arrangement #8](#)

[GCSE Chemistry - Formation of Ions #13](#)

[GCSE Chemistry - What is Ionic Bonding? How Does Ionic Bonding Work? Ionic Bonds Explained #14](#)

[GCSE Chemistry - What is an Ionic Compound? Ionic Compounds Explained #15](#)

[GCSE Chemistry - Covalent Bonding #16](#)

[GCSE Chemistry - Properties of Simple Molecular Substances & Giant Covalent Structures #17](#)



[GCSE Chemistry - Allotropes of Carbon - Diamond and Graphite #18](#)

[GCSE Chemistry - Allotropes - Graphene and Fullerenes #19](#)

[GCSE Chemistry - Metallic Bonding #20](#)

Physics

[GCSE Physics - Energy Stores, Transferring Energy & Work Done #1](#)

[GCSE Physics - Kinetic Energy #2](#)

[GCSE Physics - Gravity, Weight and GPE #3](#)

[GCSE Physics - Conservation of Energy #4 - YouTube](#)

[GCSE Physics - Conduction, Convection and Radiation #5](#)

[GCSE Physics - Reducing Energy Loss - Insulation / Lubrication / Aerodynamics #6](#)

[GCSE Physics - Power and Work Done #7](#)

[GCSE Physics - Efficiency #8](#)

[GCSE Physics - Introduction to Energy Sources #9](#)

[GCSE Physics - Wind and Solar #10 - YouTube](#)

[GCSE Physics - Geothermal Power #11](#)

[GCSE Physics - Biofuels #12](#)

[GCSE Physics - Hydroelectricity and Tidal Barrage #13](#)



Revision Schedule			
Please note it is important to keep revisiting topics in science which has so much content.			
Department	Science		
Week 1 – Paper 1 content			
Focus	Method	Resource	Time
Cell biology (biology)	Read revision notes/Seneca/watch revision videos and practice exam questions.	Oak links, knowledge organisers, Seneca, UL Curriculum HUB	30 minutes
Atomic structure and bonding (chemistry)	Read revision notes/Seneca/watch revision videos and practice exam questions.	Oak links, knowledge organisers, Seneca, UL Curriculum HUB	30 minutes
Week 2 – Paper 1 content			
Focus	Method	Resource	Time
Energy (physics)	Read revision notes/Seneca/watch revision videos and practice exam questions.	Oak links, knowledge organisers, Seneca, UL Curriculum HUB	30 minutes

Additional Support: Exam Stress and Mental Health

If you need further guidance or support, remember the layers of support which are on offer to you. You can talk to:

- Your class teacher
- Your tutor
- Your head of year
- The head of department for the subject

If you are concerned, stuck or feeling unsure of anything please get into with the school - **support is there if you need it.**

Further advice on supporting students through the exam period can be found here:

[NHS Advice on preparing for exams](#)

[Youngminds A guide for young people Exam Stress](#)

[Dfe – Coping with exam pressure – a guide for students](#)



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Be Kind. Be Confident. Be Ambitious.

How can parents support?

Assessments and Exams can often be stressful. Here are some tips to help your child stay stress free during this time:

1. Talk about it – reassure them that feeling anxious or nervous about an exam is normal. Get them to focus on what they have been doing and to talk through how the exam or assessment has gone
2. Practice at home- work through practice papers at home and talk about what will happen during each exam
3. Be positive – speak positively about the exams, to help them be confident and relaxed to avoid stress and anxiety
4. Put things in perspective – remind them that it isn't the end of the world if they don't do as well as they'd hoped, the outcome doesn't define who they are or mean that they won't succeed
5. Look after yourself – young people pick up on stress from adults around them. Try to keep as calm as possible to support their well-being

Self Help Tips:

- ✓ Remind yourself that it is okay to not feel 10/10
- ✓ Stay connected with people who make you feel good
- ✓ Remind yourself that not every feeling you have needs to be acted on
- ✓ It is okay to sit with a difficult emotion
- ✓ Make some plans to do something that you enjoy
- ✓ Deep breathing, relaxation, mindfulness moments can help to restore calmness

Contacts in the community that you can use.

If I am in a crisis and need urgent support but can keep myself safe for now I will:

- Text **SHOUT to 85258** (24/7 text response – texts are free)
- Call **Childline** 0800 1111
- Log in to Childline for online chat <https://www.childline.org.uk/get-support/1-2-1-counsellor-chat/>
- Tel: **Sussex Mental Health Helpline** 0800 0309 500 24 hours
- **Harmless** – info@harmless.org.uk <http://www.harmless.org.uk/>
- **Papyrus HOPELineUK** (Suicide prevention charity) Tel: 0800 068 4141 (Mon-Friday 10-5pm & 7-10pm and Sat-Sun 2-5pm) Website www.papyrus-uk.org



If you are in crisis and don't feel I can keep myself safe:

- Go to A&E
- Call 999 and ask for an ambulance
- Get someone else to take you to A&E and for them to call an ambulance

Other useful contacts

Bullying UK Helpline

Tel: 0808 800 2222 (Mon-Friday 9am-9pm; Sat-Sun 10am-3pm)

Website: <https://www.bullying.co.uk/>

Young Minds

Mental health information and young peoples shared experiences.

<https://www.youngminds.org.uk>

Allsorts LGBTQI+

Allsorts Youth Project listens to, connects & supports children & young people under 26 who are lesbian, gay, bisexual, trans or exploring their sexual identity

Tel: 01273 721211

Allsorts Youth Project

e-motion- East Sussex

A free online counselling project for young people aged 12-18 years who live in East Sussex

www.e-motion.org.uk

i-rock, 14+

i-Rock can offer you advice and support on emotional and mental wellbeing, jobs, education and housing

irockeastsussex@spft.nhs.uk <https://www.irocksussex.com/>

Calm Harm

The Calm Harm App can be downloaded and used to help manage the urge to self-harm.

[Home - Calm Harm App](#)

Grassroots App

The Stay Alive app is a suicide prevention resource, packed full of useful information and tools to help you stay safe in crisis.

[StayAlive - Essential suicide prevention for everyday life](#)

[Grassroots Suicide Prevention | Educating, Connecting, Campaigning](#)
(prevent-suicide.org.uk)





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With **ambition** we **exceed.**

**GOOD LUCK
IN YOUR EXAMS**

— *We believe in you!* —



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